

## Sub-MS Basketball for Crisp Academy

It is a 5th and 6th grade league in which we play. the following are the rules.

### 2019-20 Jr. Pro Basketball Rules and Regulations

**Teams:** Brookwood, Crisp, Deerfield-Windsor, Fullington, Southland, SGA, Terrell, Tiftarea, Valwood, Westwood

#### Game Play:

- Games will be played in four (4) quarters of nine (9) minutes, for a total of thirty-six (36) game minutes.
- Clock will be **running time**, except for timeouts & free throws, until the final minute of each quarter.
- In the **final minute of each quarter**, the clock will stop on all regulation stoppages such as out-of-bounds, fouls being reported, etc.
- In the event of Overtime, a **2-minute** overtime period will be played with a true stopped clock.
- If the game is still tied at the end of 2-minute OT, the game will be played in a sudden-death overtime. First team to score a point wins.
- Designated home team for each game must have bookkeeper, is considered the official book.
  - 7th team foul in a half is the Bonus and the 1-and-1 FT rule.
  - 10th team foul in a half is the Double Bonus and automatic 2 FT rule.
  - Shooting foul results in 2 FT attempts (not 1-for-2 like summer games). Coaches need to help get their players lined up quickly. Should not allow this to slow game down.
  - Each host needs to make another FT line at 12-feet for girls' games. This is an optional line & girls may shoot from the regular FT line if they choose.
- Full court pressing is allowed in the 4th Quarter only
- In 1st, 2nd, and 3rd Quarters - defense can begin at the halfcourt line.
- Man to Man defense is encouraged to help the development of our youth players and basketball skill, but not required.
- Coaches have three (3) full timeouts and two (2) 30-second timeouts.
- Halftime should only be five (5) minutes to keep schedule on time.

If any questions, feel free to call.

Thanks,  
George Kennedy  
A.D., Head Basketball